



## **curelight before & after care instructions**

### **Before treatment:**

Avoid having chemical peels, tanning, and facial hair removal, other than shaving, for one week before treatment.

If you are pregnant, you can not have the treatment.

Avoid direct sun exposure without sunblock protection for 7 days before treatment.

### **After treatment:**

Use your recommended skin care regimen.

Ice, chilled cold packs, or wet wash cloth may be applied post treatment, as needed, for comfort.

Localized redness will resolve within one hours, unless a light chemical peel was used. Redness may persist up to three days if a peel was used.

If significant crusting or flaking occurs, please call Dr. Clinton, 783-1410. Avoid pulling on flaking skin.

Make-up may be applied as long as the skin is not broken.

If the skin is broken, apply antibiotic ointment and contact Dr. Clinton. Also, further protection from the sun is required and avoid direct sunlight until the area is healed.

You should always use an SPF of 30. You should follow the recommended treatment intervals for maximal benefit.