



laser hair removal (1064 & 770) before & after treatment instructions

For best results, please follow these instructions

Before treatment:

1. Use sunscreen daily, sun burned skin can not be treated.
2. Avoid any irritants to your face, such as any products containing Retin-A, retinol, benzoyl peroxide, glycolic/salicylic acids or astringents for at least 2 days.
3. DO NOT pluck or wax for at least 1 month prior to treatment, this removes the target hair. DO NOT bleach or use "Nair"-type products for 2 weeks prior to treatment, this can irritate the skin.
4. Come in for pre-treatment photos unshaven prior to your first treatment. All treatments you should shave prior to your appointment.
5. If possible, please do not wear any makeup prior to your facial treatment.
6. Try not to schedule your appointment before or during your period. Treatment finds to be more painful during this time.

After treatment:

1. Continue using sunscreen for the entire treatment period.
2. Until initial skin irritation subsides, avoid hot water and avoid anything irritating to the skin. Our Green Tea Serum and Herbal Wash is very soothing. Advil or Motrin can be helpful.
3. Avoid any irritants to your face, such as any products containing Retin-A, retinol, benzoyl peroxide, glycolic/salicylic acids or astringents for at least 2 days.
4. The laser destroys only hair roots that are in the active growth phase. For best results, the procedure must be repeated in 6 to 8 weeks. The number of treatments needed depends upon the amount and character of the hair.
5. Some hairs are expelled during treatment, and others will release from the body in 1 to 3 weeks.

Please call our office if you have any questions.
(614) 799-5100