



## **pigmented lesions (IPL 560/600/limelight) before & after treatment instructions**

### **Before treatment:**

1. If possible please do not wear makeup to your treatment.
2. Avoid any possible irritants to your skin, such as retinoids, retinol, salicylic acid, astringents, or Vitamin C for one week prior to treatment.
3. Do not wax or use a depilatory on treatment area for one week prior to treatment.

### **After treatment:**

1. Care should be taken to prevent trauma to the treated area for the first 24-48 hours following treatment. Avoid skin irritants for one week. This includes waxing, tweezing, depilatories, retinol, retinoids, glycolic acid, salicylic acid and vitamin C.
2. Ice, chilled cold packs or wet wash cloth put in freezer for 2-3 minutes may be applied post-treatment as needed for patient comfort.
3. Treated lentigines usually darken after treatment, and crusting begins to form within a few days. This crusting usually resolves in 1 to 3 weeks. It should be allowed to naturally flake off for best results.
4. If significant crusting occurs beyond the normal flaking of the treated lesions, an antibiotic ointment or lubricating cream may be recommended.
5. Localized erythema may also be present and typically resolve 24 to 48 hours.
6. Avoid hot tubs or spas for at least 24 to 48 hours after treatment.
7. Make-up may be applied as long as the skin is not broken. Try to wait until the day after treatment to apply makeup.
8. If the skin is broken or a blister appears, apply antibiotic ointment and contact us. 614-799-5100. Also, for further protection, keep the affected area covered and avoid direct sunlight while experiencing these symptoms. If not allergic, you may use an antibiotic ointment.
9. The recommended time interval between treatments is 3 weeks or longer, once the crusting has cleared.
10. Patient should avoid artificial tanning, or sun exposure without sun protection, in the four weeks following treatment.

If you have any questions or concerns please call our office at (614) 799-5100, or Dr. Clinton at (614) 783-1410.