



# TIMELESS

## SKIN SOLUTIONS

### **laser vein treatment before & after treatment instructions**

#### **Before treatment:**

If you've started any antibiotics or other medications since your initial visit, please let us know. Sun exposure and tanning beds should be avoided 2 weeks prior to treatment. If sun exposure is unavoidable use a minimum SPF of 15. It is preferable to use a zinc and/or titanium based sunblock.

For maximum desired results, multiple treatments will be required at regularly scheduled intervals of 6-8 weeks when treating leg veins.

#### **After treatment:**

Bring support hose to your leg veins treatment. You will be using these for 48 hours following your treatment.

Care should be taken to prevent trauma to the treated area for the first 24 hours following treatment. You may experience bruising, redness, or grayness to the veins, or elevation of the treated veins. This is normal during the healing process when treating leg veins, and this will heal and change over the next 6-8 weeks. If facial veins are treated, the healing process is much quicker and should be complete in 1 week.

Sun exposure and tanning beds should be avoided 2 weeks post treatment.

Avoid any strenuous workout, hot tubs, and/or spas for 48 hours following treatment.

If the skin is broken or a blister appears apply antibiotic ointment and contact Dr. Clinton (614) 783-1410. Also, for further protection keep the affected area covered to avoid direct sunlight while experiencing these symptoms.

Cold packs may be used to ease discomfort to be used 20 minutes every hour, maximum.

Follow up examination is recommended 6-8 weeks after your treatment when treating leg veins and 2-3 weeks for facial veins. Additional treatments may be done at the follow up.

If you have any questions or concerns, please don't hesitate to call us at (614) 799-5100 or email [contact@timelessskinsolutions.com](mailto:contact@timelessskinsolutions.com). In case of emergency call 911.